

This lovely circular walk with stunning views of the beautiful Peak District includes the ascent of Mam Tor (Shivering Mountain). Start the walk from Mam Nick Car Park, from here there's a steep climb to the summit of Mam Tor.

You'll see a trig point at the top, from here there's a clearly defined path that will take you along the Great Ridge to the summit of Lose Hill, the distance is approx 2 miles. From here you can continue if you have the time, alternatively you can turnaround and retrace your steps.

Once at Lose Hill head down the steep stone steps and follow the path down for almost 2 miles into the lovely village of Hope. There are refreshments available at the Grasshopper Cafe or Cafe Adventure. Now head up Pindale Road, you'll join a footpath through some fields to the village of Castleton.

Castleton is a little larger than Hope, it's also another great option for refreshments. Take time to explore the village and then head over a stone bridge onto a narrow road called Goosehill. You'll pickup 'Public Footpath' signs and eventually join the path which leads to a road called Arthurs Way, it's opposite the Speedwell Cavern show cave.

Before you tower the unmistakable limestone cliffs of Winnats Pass, continue your walk up the pass via the path which runs alongside the narrow road. A slightly different route is possible here, you can ascend to the summit path via the grassy bank on the near side and re-join the route at the top of the pass. If you chose this option please take great care, the edges are extremely exposed, a trip or slip here could be fatal. You'll want to get your camera ready too, the views are stunning.

Near the top of Winnats Pass, just before you reach the cattle grid, bare right over fields. Here you'll get great views of Mam Tor (Shivering Mountain) straight ahead of you, keep following the roughly defined path over fields, you'll meet the A623 road which will take you back to the car park and your starting point. We hope you enjoyed the hospitality and stunning landscape of the Peak District.

## DETAILS

### Distance

7.9 miles (12.7km)

### Elevation

1790ft (545m)

### Time

3-4 hours

### Start at

Mam Nick Car Park

### OS Map

OLI Peak District

### Difficulty

Moderate

### Parking

Pay and display at Mam Nick Car Park (free for National Trust Members), or limited lay-by parking almost opposite.

Grid ref: SK123832

### Dogs

It's a perfect walk to exercise your dog.

For the safety of you and your dog, please put your dog on the lead during the Winnats Pass section of the walk.

Whilst every care has been taken to ensure the accuracy of the route description, we cannot accept responsibility for errors or omissions, or for changes in the details given. The Shivering Mountain Distillery is not liable for any direct, indirect, punitive, or consequential damages arising out of, or in any way connected with the use of the information contained in or the walking activity described within this website. Any reliance you place on such information is therefore strictly at your own risk.

# GREAT RIDGE AND WINNATS PASS WALK

