

MAM TOR (SHIVERING MOUNTAIN) WALK WITH VIEWS DOWN HOPE VALLEY

SHIVERING
MOUNTAIN
DISTILLERY

This is a lovely short walk for all the family at any time of the year.

The footpath starts at the far end of Mam Nick car park. There's a short climb through the woodland, follow the track on the right to a small sign posted gate, go through the gate and veer left, you'll reach some stone steps, this is the start of the ascent up to the summit of Mam Tor (Shivering Mountain). There's some carved stones that illustrate local history on the way up, they'll take your mind off your burning calves on the way to the top.

The climb will be worth the effort, you'll have great views of the Vale of Edale, Peeveril Castle and the Hope Valley, on a clear day you can also see the high moors of the Kinder Plateau. On a sunny day Mam Tor (Shivering Mountain) is the perfect launch pad for paragliders.

Pause, get your breath, enjoy the amazing views and then continue by following the flagstones north along the ridge, you will descend to Hollins Cross. By the Trig Point pillar there's a small signposted gate, go through the gate and take the right hand path back towards Mam Tor.

You'll come to a small wooded section, climb over the stile's and walk along the path, you'll come to a farm track. Follow this track past the farm (keeping it on your left) until you emerge onto Shivering Mountain's famous 'broken road'.

It was previously the A625 from Sheffield to Stockport, it's now closed due to the landslide and crumbling east face of Mam Tor.

Follow the broken road to the end, you'll pass through a gate into a car park. Leave the car park and take the first left path towards the Blue John Caverns, these are one Europe's most impressive limestone caverns, prized for the huge variety of colourful fluorspar that gives the caverns their name.

Go past the entrance to the caverns and through a small gate, walk straight up the grassy track. When you get to the top, keep right and pass through another small gate following the signpost to Windy Knoll. Cross the field, keep an eye out for livestock, especially if you have dogs!

Eventually you will reach a gate to a road. Follow the grassy verge beside the road back to the Mam Nick car park.

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DETAILS

Distance

2.8 miles (4.5km)

Elevation

656ft (200m)

Time

1-2 hours

Start at

Mam Nick Car Park

OS Map

OLI Peak District

Difficulty

Easy

Parking

Pay and display at Mam Nick Car Park (free for National Trust Members), or limited lay-by parking almost opposite.

Grid ref: SK123832

Dogs

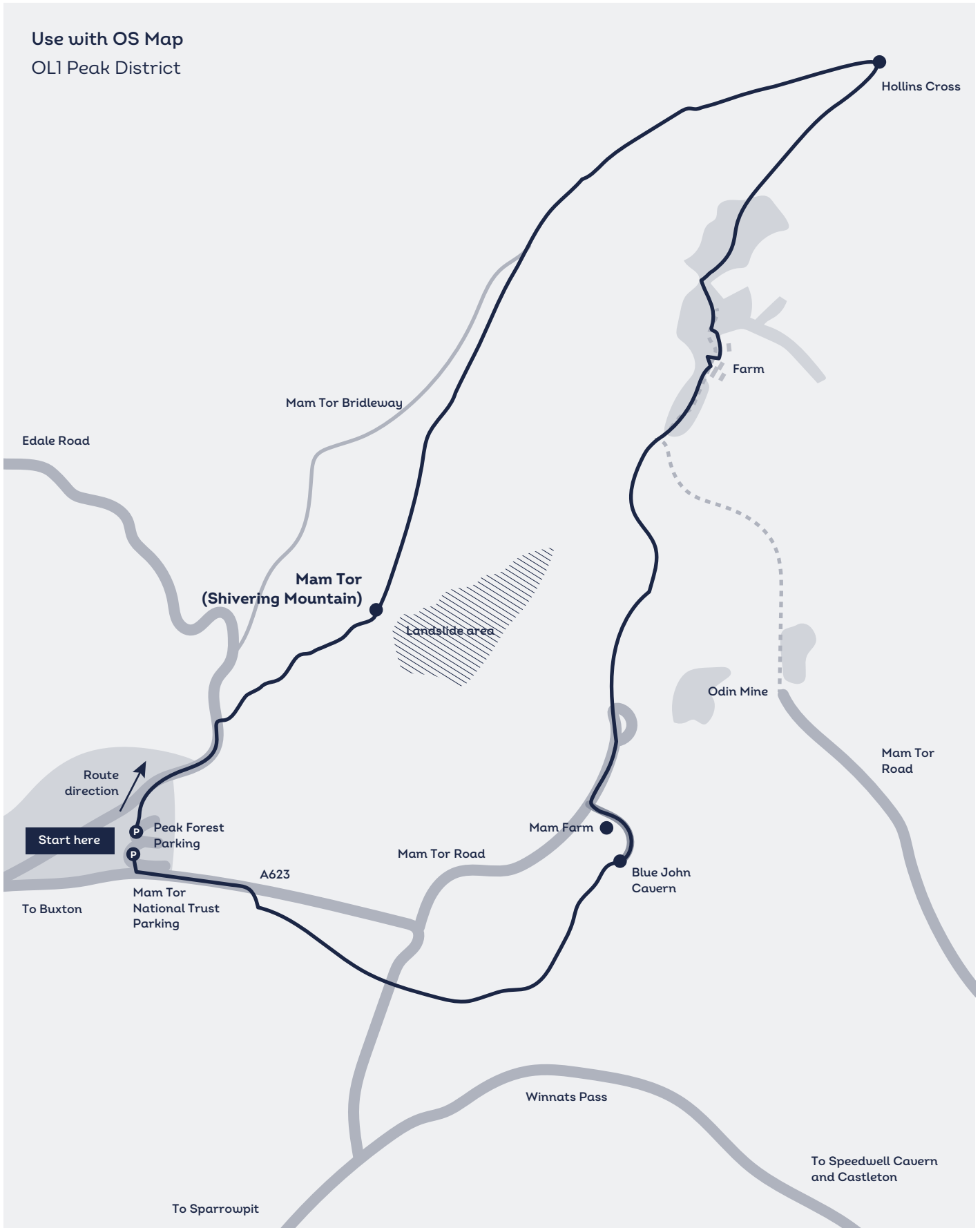
It's a perfect walk to exercise your dog.

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